

MINIMAS CLUBS HORS LIGUE

Epreuves	CAF	JUF	ESF/SEF
100m	12''00	11''90	11''90
200m	24''80	24''40	24''30
400m	58''00	56''20	55''60
1000m	*	*	*
2000m	*	*	*
3000m	10'10''00	10'07''00	*
100m haies	14''00	13''95	13''80
400m haies	63''50	62''30	61''20
Epreuves	CAM	JUM	ESM/SEM
100m	10''85	10''65	10''55
200m	22''05	21''65	21''30
400m	49''50	48''20	48''10
1000m	*	*	*
2000m	*	*	*
3000m	8'49''00	*	*
110m haies	14''00	14''10	14''25
400m haies	54''75	53''80	53''00

MINIMAS CLUBS LIGUE AuRA

Epreuves	CAF	JUF	ESF/SEF
100m	12''30	12''20	12''10
200m	25''30	25''15	24''70
400m	59''00	58''00	56''20
1000m	*	*	*
2000m	*	*	*
3000m	10'35''00	10'26''00	*
100m haies	14''50	14''60	14''30
400m haies	65''50	64''50	63''50
Epreuves	CAM	JUM	ESM/SEM
100m	11''05	10''90	10''75
200m	22''50	22''10	21''60
400m	50''70	49''40	49''00
1000m	*	*	*
2000m	*	*	*
3000m	9'00''00	*	*
110m haies	14''55	14''50	14''75
400m haies	56''20	55''60	54''30

***10 meilleurs Athlètes au bilan Hors Comité (Ligue + Hors Ligue)**